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For Immediate Release

FAMILY FUN: 6th ANNUAL PUMPKIN FESTIVAL AT CEDAR CIRCLE FARM

East Thetford, VT— The 6th Annual Pumpkin Festival at Cedar Circle Farm & Education Center, now a family fall tradition, beckons people of all ages from the Upper Valley and beyond. This popular harvest celebration, a 2007 designated Vermont Chamber Top 10 Fall Event, features everything pumpkin—from horse-drawn wagon rides to the patch for pumpkin picking, and pumpkin eats, to educational kid's theater and live music. **Sunday, October 12**, is a perfect time to pack up the family and head to Cedar Circle Farm from **10–5**, rain or shine. Located on Pavillion Road, off of Route 5 in East Thetford, the farm is just nine miles from Norwich, VT, and Hanover, NH.

“Fall is a natural time to celebrate the bounty of the harvest—and there’s nothing quite like bright orange pumpkins to capture the essence of the season and the hearts of festival goers, especially the kids. That’s why this community festival is so popular. Folks have fun while learning more about farming and its place in all of our lives,” says Kate Duesterberg, Cedar Circle Farm co-manager.

Celebrate local agriculture by taking a horse-drawn ride to and from the pumpkin patch (10–4); watch entertaining educational theater, “Chef Suzettes Feed Bag Restaurant”, put on by the Association of Vermont Recyclers (12-1), or pull up a chair under the tent to visit with friends and enjoy live folk and bluegrass music by the Crunchy Western Boys of Warren, NH, from 1–3 pm.

Throughout the day, kids can try their hand at cider pressing, paint pumpkins, have their faces painted, color a giant mural, and hunt for that perfect jack-o-lantern pumpkin in the pumpkin patch. New this year, Critter Kites offers education environmental critter kitemaking (\$4 per kite).

Learn more about organic farming by taking a self guided farm tour, and visit educational displays. Reknew Energy Systems presents information on solar PV, solar hot water and wind power systems.

Hungry festivalgoers can stop by the food concession (open at 11) for pumpkin pie and cheesecake, pumpkin bread, hearty fall farm-made soups, grilled smoked sausages and CCF's organic veggie burgers, hot apple cider, and Strafford Organic Creamery ice cream. New this year, Lisa Cadow, of Vermont Crepe & Waffle in Norwich, VT, brings her crepe mobile to offer crepes filled with harvest veggies and sweet pumpkin fillings. To take the chill off, organic espresso drinks, coffee and tea are also available in the Hello Café behind the farmstand.

“One of the reasons we love to farm is that we love to eat! The festival concessions feature lots of great fall crops. At the same time, folks get to tour the farm and see how the produce is grown,” comments farm co-manager Will Allen. “It's also an opportunity for us to thank our customers for their support and to celebrate the beauty of the farm and of the harvest season.”

Operated by Kate Duesterberg and Will Allen, Cedar Circle Farm & Education Center is dedicated to growing for a sustainable future through the production of certified organic vegetables and berries, and quality flowers and herbs. CCF offers a Community Supported Agriculture (CSA) program, and educational activities and workshops for new farmers and the local community. The fifty-acre farm, conserved with the Vermont Land Trust in 1990, is a member of Farms Not Arms, Northeast Organic Farming Association of Vermont (NOFA- VT), Rural Vermont, Slow Food USA, Valley Food and Farm, Vermont Farms Association, and Vermont Fresh Network, as well as a supporter of the Upper Valley Localvores.

The farmstand is open Tuesday-Sunday, through October 31, for certified organic produce, fall flowers, pumpkins and harvest decorations. For more information and directions to the farm, please visit Cedar Circle Farm's all- new website at www.cedarcirclefarm.org, or call 802-785-4737.

FESTIVAL SCHEDULE

10 -4 PM: Horse-drawn wagon rides to and from the pumpkin patch, pumpkin picking

10-4 PM: Pumpkin and face painting, cider pressing, mural coloring, Critter Kite making

11 AM: Concessions open

12-1 PM: “Chef Suzettes Feed Bag Restaurant” educational theater by the Association of VT Recyclers

1-3 PM: Live music by the Crunchy Western Boys

5 PM: Farmstand & Café close. Festival concludes

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